

פְּרִי צִדְקָה
Physick Refin'd:
OR, A
LITTLE STREAM
OF
Medicinal Marrow,
Flowing from the
BONES of NATURE.

WHEREIN
Several Signs, particular Rules,
and distinct Symptoms; where-
by the most ordinary Diseases may be
distinctly known, and truly judg'd, are
perspicuously Delineated:

AND
The most proper Way, safe Me-
thod, and sympathetical Care,
whereby Nature may be helped, the Sick
eased, and Languishing Patients relieved
(without the Use of Poysonous Purg-
ing Potions, and Venomous Medicaments) is
succinctly Demonstrated: By

John Tarnap, Professor of Physick.

LONDON, Printed for Tho. Paffart, at the
Three Bibles on London-Bridge, 1683.

PHYSICAL REFINEMENT
OF
LITTLE STREAM
OF
MEDICAL MANOR
Flowing from the
FONTS OF NATURE
WHEREIN

Several signs, particular signs
and distinct symptoms; which
by the most accurate observation
difficultly known, and truly judged, are
physically explained;
AND
The most proper method, and
rational, and experimental, cure,
whereby nature may be restored to its
state, and the patient to his
(without the use of powerful
potions, and violent remedies)
effectually demonstrated: By

John T. ...
LONDON, Printed for T. P. ...
John B. ...



T O
Mrs. Mary Allsop,
DAUGHTER
O F
Anthony Allsop, of All-
sop-ith-Dale, Esq;

Since that Antient
House, the Place
of Your Nativity,
hath been a Magazine
of Medicine; out of
which the Poor of Your
Country have been Ar-

The Epistle

*med gratis against those
Darts of Sicknes, which
fight against Nature; I
have assumed the Bold-
ness of this Dedication;
not doubting, but a Per-
son so rarely qualified (as
I know You to be) will
(in real Generosity) not
only cast a Benevolent
Aspect on these my Pub-
lick Endeavours; but
(according to the wont-
ed Goodness of Your He-
roick*

Dedictory.

roick Spirit) candidly Ac-
cept and Countenance so
small a Present, as this
little Tractate, which I
have (boldly enough) pre-
sumed to shadow under
the Wing of Your Fa-
vour: not as if I thought,
One so acquainted with
Books, would be advan-
taged by reading this
Compendium, (for I
have seen You peruse
large Volumes, and known

A 3 You

The Epistle, &c.

You deduce Judgment
from the best Authors)
but that you may coura-
geously go on as You have
begun, and (like your
good Mother) continue
helping them, that cannot
help themselves. And that
all other Noble minded
Ladies & Gentlemen
may follow Your Exam-
ple, is the sincere Wish of

Your Obliged Servant,

John Parwood.

From Shephead in Leicester-
shire, Octob. 9th. 1682. }

Phy-

PHYSICK

REFIN'D, &c.

S E C T. I.

Scurvey.

THere are wandering
Pains running up
and down the Bo-
dy ; Spots appear
in the Fleshy Parts ; and (if the
Disease be confirmed) the Gums

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are affected with Bleeding and Soreness. This Disease of it self is more Troublesom, than Dangerous; but (if it be not cured) it many times brings *Dropsies*, *Consumptions*, and other Distempers arising from Obstructions of the *Spleen*; and is oft the Usher in of such Acute Diseases, as terminate in the Grave.

The Cure.

The most Excellent Medicines in this case, are Tincture of *Tartar*, Tincture of *Antimony*, and Tincture of *Corals*: Twenty Drops at a time, taken at Night, going to Bed (of any of them) in Spirit of *Scurvey-Grass*,

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Grass, or (which is better) Spirit of *Tartar*. Use it forty Days together. I have often cured it with *Antimonium Diaphoriticum*, taken as the former, in Beer or Broth, twenty Grains at once, every Night for forty Days together; using in the mean time, a Diet Drink, made with *Horse-Radish*, *Celandine*, and *Mustard-Seed*. *Crocus Martis Apperitivis* in this case is very proper; but *Oleum Martis* is better, and may be taken eight Grains at a time. A Spirit distill'd from *Antimony* one part, and *Salt-Petre* three parts, taken to the quantity of five Drops at a time, is highly Famous in this Distemper.

S E C T. II.

Dropſie.

THis Diſeaſe is a Watery Habit of the Body: 'Tis call'd by three Names, according as it affects this, that, or the other Part.

The Firſt is called *Ascitis*; (that is) When much Water is between the *Peritoneum*, and the *Bowels*.

The Second is called *Timpanites*; (*i. e.*) When 'tis of a Windy Cauſe, known by the Hardneſs of the Place, (where that of Water is more ſoft) and
all

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all other Parts of the Body wax lean.

The Third is called *Anasarca*, or *Leucaplegma*; (that is) When all the Flesh of the whole Body appeareth moist and swelled. 'Tis generally concluded to be a Defect of the Liver. There is great Thirst, shortness of Breath, an ill Colour, and great Heaviness.

If in the Beginning of the Disease, there be a Flux of the Belly, with Concoction, or the Urine Made be more than what is Drunk, there is hope of Recovery.

The Cure.

Let all the Patient's Drink be sharpened with Spirit of Salt, or Oyl of Sulphur. They that
fancy

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fancy *Purging Medicines*, use Syrrup of *Buckthorn*, an Ounce at a time in the Morning: But Syrrup of *Pellitory* of the Wall is better, taken a Spoonful at once, two or three times a day. The Root of *Hog-Fennel*, powder'd, and taken a Dram at a time, is excellent. I use *Ens Veneris*, twenty Grains at once, every Night going to Bed.

S E C T. III.

Small Pox.

THere is first a Pain in the Head and Back; the Body is feaverish, hot, and the Face

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Face is red and swell'd; they are sleepy, have Red Urine, and Pricking all over the Body. The Third or Fourth Day small Pustles arise, and break out in the Skin.

If they soon come forth, and Ripen easily, appear white, round, and the Breathing free, there is great Hopes of Recovery: But Bleeding at Nose, great Thirst, difficulty of Breathing, Loosness, Bloody Flux, black or livid Urine, a great Feaver, the Pustles appearing Green, Black, or Blueish, or go in again, or black or blue Spots appearing; all these are dangerous signs.

The

The Cure.

First provoke Sweat with *Bezoar Mineral*; six Grains for a Child, and sixteen Grains for *one* of full Age. Take it at Night going to Bed. Or *Antimonium Diaphoreticum* may be given after the same manner, and the same Dose. Take them in Sack. Tincture of *Saffron*, in this case, is excellent; taken a Spoonful or two at a time, three or four times a day, in good Wine. Ten drops of Tincture of *Corals*, or six Grains of Tincture of *Tartar*, given at Night in Sack, is very good. Take a little *Red Fennel* and *Saffron*, and boyl in Posset-drink, and give the Patient

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tient to drink often, before they come out. I make up a Medicine thus: Take Spirit of Wine, or *Aqua Mirabilis*, two Ounces, Syrrup of Clove-Gilly-Flowers one Ounce, *Confectio Alkermes* one Dram; mix, and give a Spoonful at a time, four or five times a day.

S E C T. IV.

Cachexia.

TIs caused through Obstructions, and Hardness of the *Liver* and *Spleen*; which brings the whole Body into an ill State and Disposition. This

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This Disease commonly follows some long Sickness, as a *Dysenteria* and *Lienteria*. The Flesh waxes loose and soft, the Patient is weak, hath bad Digestion, loatheth Meat, desires Drink. The Body is whitish, and he goeth weakly. 'Tis mostly incident to Old Men and Children.

If it continue long, it brings the Patient into a *Dropsie*.

The Cure.

All Medicines, that potently open Obstructions, are proper in this Case. Take *Pulvis Cachecticus*, half a Dram at a time, every Morning, and stir after it; taking every Night ten Grains

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Grains of Sweating *Antimony*.
Pilula Anodyna (which is most commonly known by the name of *Matthew's*, but more properly *Starkey's Pill*) in this Case is excellent, being taken to the quantity of twenty Grains at Night, going Bed, two or three Hours after a light Supper. *Crocus Martis Apperitivus*, in this Case, is proper; but *Oleum Martis* is better, taken eight Grains at a time. I distill a Spirit from *Antimony* one Pound, and *Nitre* three Pounds; whereof I give five or six Drops in white Wine or Ale: It must be drawn in an open Retort, and cast in by two Drams at a time, and the Retort stopt quickly.

SECT.

S E C T. V.

Worms.

THere are three sorts of *Worms*; as first, Round ones, about six or eight Inches in length. Such as are troubled with these, feel a gnawing in the Stomach and Bowels: They start in their Sleep, have a small dryish Cough, and the Body wastes.

The second sort are broad *Long-Worms*, which do continually gnaw the Stomach. There is great Appetite, slenderness and weakness of the Body, and certain

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certain small things, much resembling *Cucumber-Seeds*, avoyded with the Excrements.

The third sort are thin, short, and small *Worms*; mostly in the Fundament, and in the Right Gut. They are known by these two signs; they cause the Fundament to itch, and provoke to Stool, which gives the Patient ease

Worms voyded in the declining of a Disease, (without taking Worm-killing Medicines) is good: But if they leave the Body in the beginning of a Disease, 'tis a sign of Death.

The Cure.

Take thin slices of fat Cheese, set them in a Pewter-dish before the Fire, and melt out the Oyl;

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Oyl; put an Ounce of it to half a Pint of sweet Wort; warm, and drink it in the Morning, fasting two Hours after it. Take Earth-Worms, slit them, scowr them in Salt, dry them with a gentle Heat, and give the Powder inwardly. Take Salt of *Wormwood*, drop on Spirit of Salt till it cease broyling; dry it, and give twenty Grains at Night.

S E C T. VI.

Gout.

TIs a Disease of the Joynts, where there is tormenting

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ting Pains. It hath got five Names, according to those five Places of the Body it uses to torment. In the Shoulder, it is called *Omagra*; in the Hand, *Chiragra*; in the Hip, *Sciatica*; in the Knee, *Gonogra*; in the Foot, *Podagra*. If it be knotted in the Joynts, or the Patient very old, Physicians count it uncurable. If the Pain run from one Joynt to another, 'tis then call'd a *Rheumatism*, or the *Running-Gout*. If this be with an *Asthma*, the Cure is difficult.

The Cure.

Take twenty Grains of sweating *Antimony* at Night, and twenty Drops of Tincture of *Antimony* in the Morning, or the like quantity of Spirit of
Tartar.

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Tartar. Take seven Grains of Salt of Lead, or twenty Grains of *Ens Veneris* at Night, or *Bezoar Minerale*. Sixteen Grains taken as the former, sweats excellently, anoynting the Place with the Oyl of Man's Blood, or with a Lye made of the Salt of Cow-dung, dissolved in the Air, and the Part bathed there-with. Take Pigeon's-Dung, Vinegar, and Mustard-Seed, of each a like quantity; beat it into the form of an Oyntment, and apply it (on Linnen) to the Place grieved: Then lay on *Emplastrum Arthriticum*, till the Pain cease; then apply *Emplastrum de Minio*, spread on Linnen, and let it lie on a Month; and renew it six times.

SECT.

S E C T. VII.

Head - Ach.

IF the Pain be extended to the Root of the Eyes, the Pain is within the Skull ; otherwise 'tis without the Skull. It commonly lasteth long, and invades the Patient with pain on light Occasions ; as Blows, Heat of the Sun, violent Exercise, and the like ; with extream sharp Fits. In some it continues all times ; in others it goes and comes by fits. If the Pain be inward, and extend to the Roots of the Eyes, the Films that cover

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ver the Brain are inflamed : But if the Pain be outward, the Films that cover the Skull are grieved. 'Tis for the most part curable ; but if it be of long continuance, 'tis difficult, and is in danger of Returning.

The Cure.

Take Oyl of *Vitriol* an Ounce, Spirit of *Wine* (or good *Brandy*) a quart ; mix them, cork it well, and set it two or three days in a warm Place ; and take half an Ounce at a time, in Wine or Ale, two or three times a day. Flowers of *Antimony* (not Vomitive) taken ten Grains at a time, are excellent. Give it every other Night ; and five Grains of *Laudanum*, dissolved in

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in Sack (or made into a *Pill*) may be taken the other Night. I use *Ens Veneris*, twenty Grains taken at Night in unsalted Broth; or the like quantity of *Matthew's* (or rather *Starkey's*) *Pilula Anodyna*. Boyl *Verjuice*, and put them hot into a narrow-mouth'd Bottle, and receive the Fume at the Ear, anointing the Temples of the Head with *Unguentum Populeon*, or rather with this Oyntment. Take *Ground-Ivy*, stamp it, and boyl it well in White-Wine; strain out the Herbs, and add *Sallet-Oyl*, and boyl it to the Consumption of the Moisture; and anoynt the Head and Temples therewith; warm it well.

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SECT.

S E C T. VIII.

Megrim and Vertigo.

THe *Megrim* is a Pain in one half of the Head ; wherein if the Films that cover the Skull be inflamed, the Pain is so vehement, that the Patient cannot suffer the Skin to be touched with the Hand ; being more violent, than dangerous ; for 'tis commonly quickly cured.

The *Vertigo* is a Swimming of the Head. 'Tis said to be caused by a windy Exhalation. There is Giddiness ; things seem to
turn

turn round; ſometimes the Patient falls down. There is many times dimneſs of Sight, hardneſs of Hearing, a decay of Taſte and Smell; the Head is heavy, and acheth; ſome feel a gnawing in the Stomach, and have a diſpoſition to Vomit. This diſtemper commonly turns to ſome other Diſeaſe. If the things which the Sick ſees, ſeem Purple-colour'd, it is the Fore-runner of the *Epilepſia*. If they ſeem red, or bloody, there is danger of Madneſs. Sometimes it degenerates into an *Apoplexia*.

The Cure.

For the *Megrim*, take ten Grains of *Confectio Anodyna*, or twenty Grains of *Pilula Anodynae*;

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dyna; or else five Grains of *Laudanum* at Night, and two Drams of Essence of *Rosemary* in the Morning. Mix twenty Grains of *Euphorbium* finely powder'd, with an Ounce of *Oyl-Olive*; and drop one Drop into the Ear warm, on the pained side. Also take *Euphorbium*, boyl it a little in Vinegar, and apply it to the contrary side; or apply a warm Cataplasm of *Goat's--Dung* and *Vinegar*.

For the *Vertigo*, anoynt the Nostrils with Oyl of *Nutmegs*, *Marjoram*, or *Rosemary*: Give inwardly Essence of *Rosemary* in Wine, or *Peacock's--Dung* dryed and powder'd, a Dram at a time; or a few Grains of *Native-Cinabar* in Oyl of *Caraways*.

SECT.

S E C T. IX.

Phrensie and Madnefs.

THe *Phrensie* is a kind of madnefs, or fury joyned with a Feaver; affirmed by some to be an Inflammation of the Brain, or the films, hurting the internal senses; there is little sleep, they speak without sense, rise up, leap, and cry furiously, pulling as though it were straws, or the like from the Bed-clothes, they breath lightly, and the Pulses are small; some laugh, others are raging, angrv, and hardly ruled.

This disease is commonly

B 3

mortal,

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mortal, and if the Urine be white and clear, 'tis a dangerous sign.

Madness hath a great affinity with the *Phrensie*, the signes are evident, they are both hard to cure, they differ in this ; the *Phrensie* is accompanied with a Feaver, *Madness* is without ; the *Phrensie* is dangerous, *Madness* is tedious, not perilous.

The Cure.

For to help the *Phrensie*, give 10 grains of salt of *Pearl* in *Poppy* water, for one dose, or 5 grains or *Laudanum* given at twice, 6 hours betwixt, dissolve it in Sack. Potable Silver taken 6 grains at a time in this case

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case is excellent. Tincture of *Antimony* or the flowers corrected, are powerful. *Black Helibore* is a famous specifick, make it into powder and boyl it twelve hours in water to the thickness of a Syrup, add its weight of Sugar, and give half a dram at a time.

Madness is cured with the same medicines (*Landanum* excepted) give now and then a dram of the blood of an Ass, taken out of the veins behind the ears, and sweat after it, oyl of *Rosemary* is good; I use salt of Lead, and *Ens Veneris* with good success, 8 grains of the first, and 20 of the latter.

*Sect. X. Lethargy and
Deep or dead sleep.*

THe *Lethargy* is a drowsie distemper conjoyn'd with a Feaver, the patient breaths weakly, sleeps profoundly, the Pulse is great, and strikes seldom; though the party be often spoken to, he (through sluggishness) scarcely answereth to the question, only openeth his eyes, and shuts them again, sometimes raves, and is very forgetful. If he be old, Gross, Fat, and the disease of long continuance, 'twill hardly be cured.

The deep or dead sleep is a disorder of the Brain, wherein
the

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the Patient sleeps with his eyes continually shut, and he will say nothing, though he be stirred and pricked with needles; it's difference from a *Lethargy* is only in degrees, and this is without a Feaver; the cure is difficult.

The Cure.

The principal cure of these diseases is potable silver, taken 5 grains at night, and as much in the morning. The Chymical oyl of *Rosemary* is excellent, and may be given from 10 to 15 drops at a time in a little Sack, and the Temples and head (being shaved) may be anointed with it, or oyl of *Caster*, then lay a Plaister of *Stricktium Paracelsi* on the head,

B 5 taking

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taking now and then in the day time 20 or 30 drops of *Elixir Proprietatis*, and sweating with 15 drops of spirit of *Harts-korn*, or 10 grains of *Bezoar Mineral* is good.

Sect. XI. *Apoplexia*
& *Catalepsis*.

THe *Apoplexia* is a depriving the whole body of sense and motion; they have pain in the head, sleep deeply, gnaw the Teeth, feel not when hurt, open not the eyes, Answer no questions, make little Urine, its sediment is like meal, and its colour like Rust or Canker, they snore, and breathe little.

the little. 'Tis said to be caused
of through obstruction of those
eat- passages whereby the spirits
t of are carried from the *Heart* to
Be- the *Brain*. If this distemper
be a strong one 'tis incurable,
and how weak soever, not ea-
cia sily helped: 'tis the worst when
it seizeth young people in the
summer. And if Medicines
prove effectual against the *A-*
pri- *poplexia*, yet commonly it leaves
y of a *Palsie* either in the whole or
ave part of the body.

Catalepsis is a kind of Con-
gelation, sudden detention or
hen benumbing both in Body and
An- Mind, the Patient lies as though
tle he was dead, moves not the
eal- eyes. Sense and Motion
an- are lost, the pulse is weak,
ath- and
tle

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and he remains in the same figure of body in which he was taken, whether he lye, stand or sit, with his eyes shut or open, the disease (if cured) degenerates many times into an *Apoplexia*, or *Lethargy*.

The Cure.

In both these distempers, the *Essence* of *Rosemary* is excellent, a quarter of an ounce at a time or 10 drops of the Chymical oyl taken in 2 or 3 spoonfuls of wine, or 15 drops of the spirit of the brains & blood of a sheep, taken often. *Aurum Potabile* 6 grains at once, transcends all other medicines; bath the head with tincture of *Pepper*, and anoint it with *Balsamum Polychrestum*. *Elixir Proprietatis* 15 grains

grains in wine, is proper in these cases.

Sect. XII. Epilepsia.

THe *Falling-Sickness* is a Convulsion of the body, hurting the mind and senses at some certain times, for when the fit comes, the patient is pluckt together, falls down, trembles, cries out, and (if the disease be violent) foams at mouth. *Van Helmont* saith tis caused by an insensitive, befooling and mad poyson, afflicting for a space, being installed in the Midriff. It commonly happens to children, but if it happen to persons of full age, tis seldom cured.

The

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The Cure.

Provoke ſneezing with *Hel-
ebore*, and adminiſter *Elixir
Proprietatis*, or *Elixir Vitæ*, a
dram at a time, the *Antepilep-
tick* ſpirit of *Vitriol*, 8 grains at
once in ſome cordial ſpirit, is
excellent, take 12 grains of
Pulvis Antepilepticus twice in a
week. Take the Livers of for-
ty Frogs, dry them with a
gentle heat, and give them in
fine powder at five times, morn-
ing and evening. The powder
of native *Cinabar* is much com-
mended mixt with the oyle of
Carraways. Oyl of *Amber*, ten
grains at once may be often ad-
miniſtred; dry the brains of a
Weeſte, make the ſame into fine
powder, and drink it in vine-
gar.

gar. The volatile ſalt, and ſpirit of *venal blood* is famous in this caſe, 5 grains of the Salt, or ten drops of the ſpirit for one doſe; Take every morning 2 drams of the *Opeate* of *Moniagnana*, commended by *Riverius*. Give a new born child 2 drams of oyl of ſweet *Almonds*, mixt with ſugar before it ſuck, or take any thing for preventing this diſtemper.

Sect. XIII. *Palfie and Trembling.*

THe *Palfie* is a diſtemper blot in which the whole body, or ſome particular part or member doth loſe its ſenſe or motion,

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motion, or both, according as all, or some of the Nerves are obstructed. If the back bone be principally affected with the obstruction, the lower parts are afflicted, but from the affection of the brain, the face and upper parts are offended, this disease is more frequently seizing in the winter than in summer, and happens oftner to old people than young ones, If it be not occasioned from the cutting of a sinew, it may be cured.

Trembling commonly goes before a *Palsie*, and is caused through weakness of the sinew, either by reason of old Age, or excessive drinking.

The

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The Cure.

Tincture of *Tarter*, 10 drops,
or spirit of *Tartar*, 20 drops at
a time are proper in the case ;
take 12 grains of *Pulvis An-*
tepilepticus once in two dayes,
and provoke sweat by 10
grains of *Bezoar Mineral* taken
at night, or six grains of pota-
ble silver ; bathe the place grie-
ved with an essence of Green
Tobacco leaves , made with
Malmsey wine, rub and chafe
it well in and use it often.

Then anoint with *Balsamum*
Hystericum , or *Unguentum*
Martistum. A cataplasim of the
greater *Walnut-root* is much
commended, and often bath-
ing the part with Milk and
Oyl.

Trem-

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Trembling is helped by the use of *Elixir Proprietatis*, a dram taken at once, morning and night, and by all the former medicines mentioned against the *Palsie*.

Sect. XIV. *Melancholia.*

They that languish under this distemper, have strange imaginations conceiving themselves to be like what they resemble not; and that they are what they are not. 'Tis known by fearfulness, sadness, hatred, and such doleful passions of the Mind, some conceiving themselves to be beasts

beasts of this kind, others of that. Some are fearful of what will not hurt them, others would hurt or kill themselves, (cause no body else will) some weep, others laugh. Some foretell strange things to come, others cannot tell what was done yesterday. 'Tis a deplorable disease, very uncomfortable state, long and tedious, and in Aged people, seldom cured.

The Cure.

The best thing is *Potable silver*, taken 6 grains at night, and a dram of *Elixir Proprietatis*, *Elixir Vitæ*, *Essentia Magna*, *Essence of Saffron*, *Syrupus Alkermes* or *Spiritus Analepticus* in the morning. The Chymical

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mical oyles of *Cinamon*, *Cloves*,
or *Rosemary*, given to the
quantity of 8 drops at once in
wine or warm broth, is excel-
lent. So are flowers of *Anti-*
mony (corrected) 6 grains, at
night taken in *London Treacle*,
Take *Black Hellebore*, salt of
Tartar, and as much white
wine as will work them into
stiff past, put it in a glass, stop
the Air from it, and after it is
two months old, give 5 or 6
grains at a time in a pill and
increase the dose. Twenty
grains of *Matthews Pill* is
excellent.

Scz.

Sect. XV. *Night-mare*
and *Cramp*.

BY the *Night-mare*, I mean that oppressive weight and nocturnal suffocation which the *Greek* Physicians call *Ephialtes*, and the *Latines* *Incubus*. It commonly seizeth the Patient 'twixt sleep and wake, he thinks he feels something very heavy upon him; he strives hard, yet cannot move, or stir himself, only groans but cannot speak; 'tis caused by eating full and late suppers, of such meats as are hard of digestion, excessive drinking or such like intemperance, and if it continue long
many

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many times turns to the falling sickness, madness, or an *Aplexia*.

The *Cramp* or Convulsion is a shrinking or contraction of the Nerves, either of the whole body, or of some particular part. That of the whole body proceeds either from the marrow of the back, when the Muscles that move the head and back are drawn together, or from defect of the brain, when the face is pluckt also with the body. That of a part is a particular obstruction of its original. If it be taken in time may be cured, else not.

The Cure.

Both these distempers are cured with the same Medicines as have

have prescribed to be used in
the *Epilepsia*, at the 12 Section.
In the Cramp, you may An-
oint the part shrunk with oyl
of *Amber*, mixt with oyl of *Ro-*
ses, and apply over it *Empla-*
strum Histericum.

Sect. XVI. Pearl and
Cataract.

THAT which is vulgarly
known by the name of a
Pearl, is sometimes called *Pin*
and *Web*, being a white spot,
contracted by the *Cornea*, and
comprehending a small space
of the *Pupilla*.

The *Cataract*, or suffusion,
is a distemper wherein the wa-
tery

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try Humour of the Eye becomes too thick. In the beginning of the disease, the patient thinks he sees small things before his eyes, as Gnats, hairs, and the like; it commonly affects but one Eye at once, when the disease is confirmed, the sight totally perisheth; there appeareth dark matter in the *Pupilla*, or white spots about it; there are red veins about the Circle, and a thick skin over the whole Eye. The Green coloured *Cataract*, and that wherein the Pupil of the Eye is dilated, so far that no circle may be seen within the Tunicles, the Eye seeming all black or all white, are both incurable: but if the patient be young,

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young and can see as through a mist he may be helped.

The Cure.

For a Pearl put into the Eye a whole seed of *Oculus Christi*, and wash it with this water, Honey two ounces, juice of Celandine three ounces, white *Vitriol* a dram (dissolved in 2 ounces of water) and drop it into the eye. For the *Cataract* wash the eye 5 times a day in the infusion of *Crocus Metallorum* in white wine, giving ten drops of Oyle of *Rosemary* every morning, in warm wine or broth.

*Señ. 17. Blindness &
Inflammation of the Eyes.*

BLindness is sometimes Total, and yet the Eye to look upon ails nothing. If the disease proceed through obstruction of the Optick nerves, (as commonly it doth) through super-abounding Humidity, and the sight totally extinct, is accounted incurable: but if it be occasioned through the gathering of humours in the forepart of the head, (as some affirm it may) compressing the Nerves, there is some small hopes of recovery.

*Inflammation of the Eyes, Is
that*

that which is commonly called Blood-shot, caused through defluations, occasioned by heat, blows, great grief, and the like, and 'tis easily helped.

The Cure.

In Blindness, 'tis convenient to sharpen the Patients drink with Oyl of *Vitriol*, or Oyle of *Sulphur*, and take Oyle of *Rosemary* ten drops at a time, morning and night, in four spoonfulls of warm wine.

Take *Tutia* and *Alum* of each three drams, white Sugar 2 drams, *Rose-water* and *white wine*, of each 6 ounces mixt, and in a glass well stopt, digest in the sun, or in some other hot heat, for a month, or shall be used every day, then let it settle,
C 2 pure

52 *Physick Refin'd, &c.*

pure off the clear, and wash the Eyes with it, both morning, noon and Night, both for this distemper, and for a *Cataract*. Inflammation, or bloodshot, is cured by salt of *Lead* dissolved in fair water, or *Rose-water*, or white *Vitriol* one ounce dissolved in three pints of water, and the Eyes washed with it, or with whites of Eggs beaten to water, or wash with the water squeezed out of rotten Apples.

Sect. 18. *Deafness.*

If this distemper proceed from a Feaver, tis remedied by curing the Feaver, if it be
some

Physick Refin'd, &c. 53

some times better and some times worse, or proceed from a distemper of the Brain, it may be helped. But if the *Tympany* be broken, the disease from the birth, or absolute, and of long continuance, there is no hope of recovering.

The Cure.

Take the Gall of a Partridge, mix it with so much Oyl of *Amber*, and drop in three or four drops at a time, and do it three times a day; for want of that use the fat of an Eele, a Mole or Hedghog, as the former. The juice of *Radishes* is much commended, so is the juice of an Onion soaked in Brandy, and roasted, but I think oyl of Carawayes, two

C 3 drops

54 *Physick Refin'd, &c.*

drops at once is better. Some use the water that drops out of a green Ash stick (laid with one end into the fire) boyled a little with the said fat of an Ele, and dropped into the Ear warm, but above all, take snakes or Adders, being fat, (which is in *July*) cast away the heads, rayles, bowels, and skins, put the other in a glass, pour spirit of wine three inches above them, stop it well, and digest in a warm place, till the substance be turned to an oyle, keep it for use, and put two or three drops at a time into the deaf Ear.

Sect.

Sect. 19. *Bleeding at
Nose.*

TIS caused by stripes,
blowes, falls, heat, ve-
hement exercise, or else through
an abundance of thin blood,
with pain and inflammation of
the head; and if it be not soon
stanch'd is dangerous.

The Cure.

Put a Tent into the bleeding
Nostril dipt in the white of an
Egg, and cover'd over with
Pole Armoniack. Give the
Patient inwardly Syrup of *Vi-
negar*, and apply *Sticticum Pa-
racelsi* to the Crown.

Burn blew woolling cloth

56 *Physick Refin'd, &c.*

to Ashes, and snuff them up the Nose, and cast cold water in the face.

Tye up a spider in a linnen Cloth, bruse it a little, and hold it near the Nose, but touch it not.

Dry the Patients blood to powder, and snuff it up the nose, and take Inwardly six grains of Salt of Lead.

Take *Vinegar* and Plantain water, of each two pound, mix it, dip folded Linnens and apply them to the soles of the feet, palmes of the hands, and against the Liver; drinking *Vinegar*, and holding some of it in the mouth, or take twenty drops of Tincture of Corals in wine or ale.

Bind

Bind the Head very hard with Inle, and let the knot be in the neck, and lay a sponge dipt in Vinegar to the Nose. Wet a Linnen cloth in Vinegar and wrap it about the Members of him that bleedeth.

Take Century, Green Rue, and red Fennel, of each a like quantity, stamp them, strain the juice into Ale; and so drink it. Wet a Cloth of Linnen in sharp Vinegar, burn the cloth, and blow the Ashes into the bleeding nostrils.

Sect. 20. Tooth-Ach:

THe common opinion of Physitians is, that this distem-

58 *Physick Refin'd, &c.*

distemper is caused either simply through heat, or cold, or else complicately through destruction of Rheum, &c. But old *Hippocrates* said that hot, cold, moist or dry was not diseases, but that which is sharp, bitter, sour and harsh; And *Helmont* affirmeth, that the Tooth doth not Ake from Rheume falling on it, but by either the Goome being uncovered, it is made too sensible, or else matter of the last nourishment being badly digested, doth putrifie about the root of the Tooth, hence comes pain, It is most common to rotten and hollow Teeth, and these are seldom cured without they be taken out.

The

Physick Refin'd, &c. 59

The Cure.

Take 20 Ivy leaves, a little long pepper, boyl them well in old Wine, with a handful of Salt, and hold the liquor in the Mouth on the Aking side.

Take Primrose roots, Infuse them ten dayes in Brandy, and snuff a little up the Nose.

Take *Opium* and *Saffron*, of each two grains, ty it up in a bit of silk (or thin rag) and hold it between the Teeth. If the Tooth be hollow, put a piece of a Crowfoot root into the hole, or dip lint in Spirit of *Sal Armoniack*, and apply it thereunto.

Drop three or four drops of juice of *Rue* into the Ear on the Aking side, and lye an hour after on the other side. Take

60 *Physick Refin'd, &c.*

Take white Pepper in powder one dram, Oyl of *Origanum* ten Grains, mix and keep it in a box, and snuff a little up the Nose on the aking side.

Sect. 21. *Quinsey.*

IN a true *Quinsey* there is difficulty of swallowing, and breathing, Redness of the neck and face, a Tumor and swelling in the Throat, and sometimes a Feaver, and is commonly very dangerous.

The Cure.

Most Physitians in this case draw blood. The juice of *Orpin* taken two or three spoonfuls at a time is excellent,
so

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so is the juice of *Housleek*, or Crabfish : the juices may be mixt with the distilled water of the Herbs, and if a few drops of the Spirit of *Sal Armoniaek* be added it will be the better, and let the tongue be rubbed with the said juice of Crab-fish or Housleek, let the Patients drink be *Sal Prunella* dissolv'd in water, or take Spirit of *Nitre* two drams, Spirit of Wine, and Spirit of Salt of each half a dram, put them to a pint of water, and drink it at three times, and to sweeten the blood (which in this case offends by reason of the sharpness of the *Liquor Latex*) the Tincture of Corals is a famous Medicament, taken ten drops at once
in

62 *Physick Refin'd. &c*

in Wine or Ale. The Ashes of burnt Crabs, or Swallows, taken inwardly are much commended, and the Ashes of an Owl (feathers and all) well calcin'd, blown into the throat, is an excellent thing to break the Imposthume.

Sect. 22. *Pleurisie.*

THIS disease is an Inflammation of the *Pleura*, or skin, girding the Ribs, caused through abundance of *Venal* blood sent thither, chiefly offending in quality, for the *Arckens* being exasperated, an exorbitant Pestilent Impression is made in the *Latex*, taunting it with

with a superabounding sharp-
ness; the which lighting into the
flesh, between the Ribs, causes a
Pleuretical pain, and sometimes
the fibres of the *Plura* are rent
asunder from the Ribs, and
while it doth but never so lit-
tle slacken it self, the neighbor-
ing Blood runs to it, in the
place of the wrinkles, made by
contracting of the Fracture,
and this by repeated turns, is
the cause of a great *Aposthume*,
according to the frequency and
sharpness of the contractures.
Tis known by a Feaver, dif-
ficulty of breathing, hard Pulse
like a saw, a Cough, pricking
pain, and sometimes a Tumor.
If the Feaver be violent, spit-
tle bloody, very white, green
or

64. *Physick Refin'd, &c.*

or black, or the Patient very old, or *Astmatical*, 'tis dangerous.

The Cure.

In this disease most draw blood, and affirm the necessity of that way, but this hath only the power of privation, leaves the root of the disease, from whence commonly springs up a Relaps. A dram of *Goats blood* taken at once (first dry'd and powdr'd is the best remedy I know, take it in *Poppy water*, at night going to bed, (every night repeating it) in want of this give *Spirit of wine* and *Spirit of Sal Nitre*, of each twenty Grains in *Poppy water* as the former. *Tincture of Corals* and *Tincture of Tartar*
twenty

twenty drops at once of either
sweetens the blood notably.
When the Imposthume is
broke, give Syrup of Succory,
and Spirit of Ground Ivy mix-
ed with its own Salt.

*Sect. 23. Cough and
Asthma.*

THis disorder call'd a
Cough, is commonly
caused through cold taken, or
through some sharp matter con-
tain'd in the Breast and Lungs,
which causes a cough without
spitting. If it happen to Aged
people, having a great ob-
struction of the Lungs, and
cease suddenly, 'tis very dan-
gerous

66 *Physick Refin'd, &c.*

The *Asthma* is of two sorts, viz. the moist, and the dry; the moist *Asthma* produceth a Cough, to expectorate the offending matter, yet differs from Cough, in that it hath a mattery Imposthume, or secret flegm obstructing in the bowels, whereby it brings forth excrementitious matter, and corrupts its proper nourishment.

The dry *Asthma* commonly comes from the Gase of Mettals and Minerals, to diggers Melters, and Chymists, vitiating the Channels of the wind-pipe, whereby nourishment degenerates into Excrements.

There is swelling in the Lungs, and stoppage in the Throat: In Children it turns
into

Physick Refin'd, &c. 67

into a *Catarrh*, in men, it generally ends in a *Cholexia*, *Phthisie*, or *Dropsie*.

The Cure.

For a Cough, cut the flegm with Syrup of *Vinegar*; then use Syrup of *Succory*, taking at night *Elixir Proprietatis*, Tincture of *Sugars* or extract of *Elecampane*, and hold in the mouth *Trockisci Beckici*. All these medicines are good in the moist *Asthma*, as also juice of *Radish Roots*, with Tincture of *Sugar*. The dry *Asthma* is cured with *Epilepticals*, as Section the 12th.

Sect.

Sect. 24. *Inflammation of the Lungs, and Ulcer of the Breast.*

AN Inflammation of the Lungs is accompanied with a sharp Feaver, caused by some preceding diseases for the most part, known by great heat, difficult breathing, and stretching out of the breast, with a redness there, the breath is hot, the eyes swell, a dry Cough, Appetite is lost, the Tongue is dry, the Patient is desirous of cold Air, and cold water. If this disease follow a *Pleurisie*, 'tis very dangerous. An Ulcer of the breast is gene-

Physick Refin'd, &c. 69

generally from an inflammation of the Lungs, being suppurated, and the Rupture of the Impostume, whereby the matter falls into the cavity of the Breast; while the suppuration is perfecting, the Feaver increaseth, but being broken, the Patient spits Matter, is faint, with heaviness in the bottom of the Breast, a Cough and great pain: If the matter spit up be green, livid, froathy, or brought up with difficulty, and the belly loose, 'tis very dangerous, If the matter be not spit up in a Moneths time, it turns to a Consumption.

The Cure.

An Inflammation of the Lungs is cured with the same Medi-

70 Physick Refin'd, &c.

Medicines mentioned for
Pleurisie at Section the 22th.

For an Ulcer in the breast,
Take 10 grains of *Antimonium*
Diaphoreticum at Once four
times a day, Anoint the sto-
mach with Oyntment of To-
bacco, and then lay on a pul-
tis of Figs and Raisons (stoned)
mixt with oyl of Amber, and
Juniper berries, sharpening the
Patient drink with oyl of *Sul-
phur*, or *Vitriol*.

Sect. 25. Consumption

This distemper is a waste
ing of the whole Body
the Patient breathes difficult-
ly; the Eyes are hollow, At the
Nostrils sharp is Thirsty
and

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and hath a Cough sometimes,
and the hair falls off, spits ei-
ther froath, blood, or matter,
from an Ulcer in the Lungs. If
the matter spit up stink; If the
body be very loose or an acute
disease conjoyned, 'tis very
dangerous, But if the Ulcer be
but new begun, there is hope
of Recovery.

The Cure.

Balsom of Sulphur is excel-
lent, take it 3 or 4 grains at a
time, Morning, Noon, and
Night, and let the Patients
drink be sharpen'd with oyl of
Sulphur 20 or 30 drops to a
pint. The oyles of *Rosemary*,
Cinamon, and *Carduace*, help
much, taken ten drops at a
time in brothe Lukewarm,
there

72 Physick Refin'd, &c.

there is a Syrup made of *Corals*, or Tincture of the same used with good success, so is Syrup of *Turneps*, and extract of *Elecampane*, a spoonful at once in any convenient *Vehicle*. *Trochisci Bechici* taken 5 grains at once 3 times a day hath proved effectual; so hath a Syrrup made of the juice of *Cabbage* 1 ounce a day. Take Choyce *Myrrh* 4 ounces, *Saffron* half an ounce. *Nutmegs* two ounces, *Aromaticum Rosatum*, two ounces, *Olibanum*, one ounce, *Honey* three pound, make it into an *Electuary*, and take as much as a *Hazzle nut* 3 times a day.

Sect.

Sect. 26. *Spitting of
Blood.*

IT may be caused by excessive crying, leaping, blows, or falls: or inwardly through Plenitude, or sharpness of the Liquor *Latex*, corroding the vessels. 'Tis commonly ill, more especially when 'tis from the *Lungs*; and many times foretells a Consumption, if it be not critical, &c.

The Cure.

All those Medicines mentioned in the last Section, for the cure of a Consumption, are proper to be used here, to which these following may be
D added.

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added. If the disorder be
caused through sharpness of the
Latex, *Goates* blood gently
dry'd and powderd, and given
a dram at a time is excellent.
Henbane-seed powdered and
mixed with *Electuarium ad Ta-*
billos, and given morning, noon,
and night, is commended. The
Electuary is thus prepared.
Take *Nutmegs* and *Cinnamon*
of each 3 ounces, *Ginger*, three
drams, *Mugistry of Pearl*, two
ounces, clarified *Honey*, twelve
ounces, beat the species sever-
rally, then mix them together
with the *Honey*; give half a
dram at a time, morning and
evening; *Trockisci Bechici*, ta-
ken 5 or 6 grains at once is
profitable; 'Tis thus made
Take

Take juice of *Liquoris*, one pound, white Sugar 2 pound, *Opium* one ounce, with the mucilage of *Gum Tragocanth*, make it into Roles or *Troches*, and dry them. But above all is *Roebe Allome*; dissolve it in water, and distill off the water to a dry bottom, and give 20 drops at a time in any drink.

Sect. 27. Pain of the
Stomach.

THere is sometimes accompanying this disease a pain in the Head, which shews the distemper to arise from Wind, and continuing unre-moved, a Timpany follows:

D 2

If

76 Physick Refin'd, &c.

If there be a perpetual gnawing felt in the stomach,—then it is caused by *Worms*, and so less dangerous; if there be a looseness, vomiting or the patient thereunto inclined, it shews a sharpness in the stomach, and if it be accompanied with a Feaver, or the extream parts be cold, 'tis very dangerous.

The Cure.

If the distemper be occasioned by Wind, things Carminative are most proper. Take the distilled oyls of *Cumming-seeds*, half an ounce of *Fennel*, *Annis* and *Caraway*, of each one dram, of *Dill* and *Camomil* of each half a dram, mix and take 3 or 4 grains in luke warm broth. If worms cause the

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the disorder take the cure from the 5 Section. If it be caused by some preternatural sharpness in the stomach ; some anoint outwardly with the oyntment of Tobacco, and use *Laudanum* 3 or 4 grains , given at night in a pill, but 8 or 9 drops of oyl of *Cinamon* in lukewarm broth is much safer, spirit of *Camomil* in *Mint-water*, is famous in the case, so is Essence of *Elder*, *Angelica* and *Rosemary*.

Sect. 28. Swounding, and Beating of the Heart.

SWounding in some is caused through extraordinary fear, Immoderate grief, &c. and in

78 *Physick Refin'd, &c.*

this case 'tis the least dangerous : in others its without manifest cause, and these commonly dye suddenly, but in a Fever 'tis dangerous and pernicious. Immoderate and unnatural beating and trembling of the heart, may be known by feeling, and is sometimes caused through shame, joy, fear or Anger : In others 'tis continual, and in these cases the least to be feared. But if it be caused from a Tumour in the *Percardium* or *Arteries* of the *Lungs* (as some Physicians say it may) it is incurable, and coming upon an acute disease, very dangerous.

The Cure.

Of both these distempers are perform-

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performed with Cordials, amongst which *Aurum Potabile*, and *Species Alexipharmaca*, taken 5 or 6 grains at a time of either, is excellent, so is *Elixir Proprietatis*, and *Elixir Vita*, 20 grains, taken in Wine or Syrup of Clove-gilly flowers. Oyl of *Citrons* and juice of *Alkermes* mixt with Spirit of Wine, is highly commended; so is the Essence or Spirit of *Bawm*, *Borage*, and *Buglose*. *Magistery* of *Pearls*, and *Corals*. There are a sort of Flies which Children call Lady Cows with Golden colour'd wings, being gently dryed and powdered, are given inwardly with good success.

80 *Physick Refin'd, &c.*

Sect. 29. Depraved and Lost Appetite.

A Depraved Appetite is that which fondly covets, longs for, and desires to eat hurtful things, not fit for food, as Oatmeal, unripe fruits, Chalk, Coals, Ashes, &c. it commonly happens to Women with Child, and Maids troubled with the Green sickness; this may be of long continuance, but (of it self in Maids) it is not dangerous, yet if it be not cured, great obstructions, *Cachexia's*, *Drophes*, and pain of the stomach follows.

Want of Appetite is caused by obstruction of the mouthes
of

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of the *Meseraicks*, or through too much fullness and overglutting of the stomach, or else weakness, want of natural heat, &c. and if it happen in the declination of a disease, it signifies a relapse, if it be caused through want of natural heat 'tis most dangerous, and worse to be liked in children than in men.

The Cure.

To women with child, the blood of a Vine is commended. Maids may remove the cause which is best performed by *Elixir Proprietatis*, *Essence of Garlick*, *savin*, or *Penroyal*; *Tincture* or *spirit of Tartar*, taken 4 or 5 times at Night going to bed, 8 drops at once.

D 5

In

82 Physick Refin'd, &c.

In a depraved appetite, give 9 drops of oyl of Cloves, or oyl of *Cinnamon* in warmish broth, sharpen the Patients drink with the oyl of *Vitriol*, or oyl of *Sulphur*, and in both cases strengthen the Stomach as at Sect. 30.

Sect. 30. Vomiting.

THis disorder is generally caused through weakness or foulness of the Stomach; weakness may arise from Antecedent causes, as too much emptiness, want of natural rest, superlative Anger, boundless Passion, and the like. If the matter vomited up be green, black,

Physick Refin'd, &c. 83

black, livid, or stinking, it is for the most part dangerous, but being of none of these colours, but coming after a Flux of the belly, 'tis good or on a Critical day, 'tis accounted by the *Galenists* a plausible sign of Recovery, provided the matter vomited up be such as they call Flegm and Choler.

The Cure.

Most Physitians in this case (when it is caused through the foulness of the Stomach) give a gentle vomit. The stomach must be strengthened with *syrup* of Corals and Pearls, and Spirit of Mint, take a spoonful at a time morning noon, and night. Crude juice of Quinces is wonderful powerful,

84 *Physick Refin'd, &c.*

erful, and Syrup of *Vinegar* is none of the worst Medicines. Let all the Patients drink be sharpned with oyl of *Sulphur*; give 15 Grains of *Elixir Proprietatis* in Sack, at night going to bed, or the like quantity of *Elixir Vitæ*, applying to the stomach a Cataplasm of Bread and Vinegar, or a plaister of *London Treacle*. There may be a Magestery made of *Oyster-shells* and given to the quantity of 20 grains at a time, with good success.

Sect. 31. *Iliac Passion.*

THis is a distemper of the small Guts, commonly occasioned through obstruction
of

Physick Refin'd, &c. 85

of the Bowels, with a coldness, and *putrifaction* of food : it is known by most vehement and horrible pain, the stomach abounds with too much moisture, there is a great rumbling in the Bowels, *Wind and belching without ease* ; the dung is stopt, and if the disease increase, the Patient voyds all the excrements upward, and then 'tis mostly accounted deadly, and being accompanied with the *Stranguria* 'tis the worse.

The Cure.

'Tis performed by those Medicines prescribed for removing the Colick at the 32 Section, a dram of Cream of Tartar dissolved in a mess of unsalted broth, hath been found

86 Physick Refin'd. &c

found effectual; so bath oyl of Almonds and Malmsey wine. I use to sharpen the Patients drink with oyl of Vitriol, to a pleasant acidity, which bath proved effectuall when all hope from common means hath been past, and clisters was vomited upward.

Sect. 32. Cholick.

TIS a pain in the Gut Colon, sometimes caused by Wind, and then there is a stretching forth and swelling of the belly; if it be occasioned through Inflammation of the said Gut, there is an inward burning heat, stoppage of Urine, the body is bound; sometimes

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times there is vomiting, thirst, and a Feaver. If the distemper be vehement, the belly bound, with watchings, vomiting, Hiccough, coldness of the extrem parts, and cold sweats, all these are desperat symptomes; but if the disease be gentle, and the body soluble, there's little danger.

The Cure

Take Salt of Wormwood, and drop on it spirit of Salt, till it cease broyling, dry it and give 8 or 9 grains at a time in broth, Infuse Hawthorn flowers in Rhenish wine, distill off the spirit, and take a spoonful at once.

Take Lemmon, Orange, and Citron peels, of each two ounces, spirit of wine one pint, infuse them

88 Physick Refin'd, &c.

them together 20 dayes, pour off the Tincture, and give a spoonful at once in wine, with a few drops of oyl of Cinamon. Take spirit of Salt and spirit of wine, of each a like quantity, mix them in a Glass, and administer 40 drops at once in a draught of wine or Ale. Take 6 or 7 grains of salt of Lead in white wine, or ten grains of Ens Veneris taken in broth, at night going to bed, and the like quantity at morning and noon two hours before and after meat hath been found very effectual. If the disease be caused by wind, give Oyl of Anniseeds, Fennel, or Carawayes in warm broth, proper spirit or distilled water.

Sect.

Sect. 33. *Flux of Blood
and Matter.*

A Bloody *Flux* is an *Exulceration* of the Bowels, known by vehement pain and bloody Excrements, when the disorder is in the Great Bowels, the dung is as at other times, comes forth with wind, froathiness and Blood aloft, but if the small Guts be exulcerated, there is pain about the *Navel*, the Excrements are of various colours, (if black and stinking the case is desperate) commonly they are of a Lead colour, and there is a gnawing felt: If there be pain in the Liver
and

90 *Physick Refin'd, &c.*

and Midriff, Vomiting and Hiccough, Loathing of meat, a Feaver, thirst, or pieces of flesh voided, the case is dangerous. A Flux of Matter generally follows a Flux of blood; the Patient continually goes to stool, the Excrements are crude and pale, and the taste is lost; if the disease last long, it may turn to a Dropsie: when it follows other diseases, 'tis for the most part deadly.

There is also an ordinary flux of the belly, which in a dropsie shews recovery, but if it happen to a woman with child or the Excrements be Green, Blew, Black or Yellow, 'tis of evil signification.

The

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The Cure.

Let the Patient drink Cows Milk plentifully, Potable Gold, and tincture of Corals are excellent, so is the juice or pulp of Quinces, or a dram of crude Allum dissolved in water, and so drank, but Roach Allum dissolved in water, and it distilled off in Ashes is highly famous, so are Bramble Berries gathered unripe, dried and powdered, and given in Red wine, the juice of sloes or Poppy water. Tincture of Emeralds is excellent, 5 grains at a time. See the following Sect.

Sect. 34. Tenasmus.

THis distemper is a continual desire in the Patient

92 Physick Refin'd, &c.

ent to go to stool, without voiding any thing, except bloody or filthy matter like fnevil, some say it is generally caused by cold, or that it may be by means of a Flux of Blood or matter: if it continue long, there is danger of an Ulcer; and if it happen to a woman with child, there is great danger of Abortion.

The Cure.

This distemper is helped with those Medicines mentioned in the foregoing Section of Fluxes, to which these may be added, being alike proper in all four cases. Take new butter (unsalted) melt it in a Bason set in hot water, pour off the clear from the feces, and then boyl it for half an hour, and there-

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therewith mix verjuice, juice of
sloes or Rose Vinegar, and use the
same as sauce to the Yolkes of Eggs
boyled hard; dry the blood of a
Hare to powder, and take it in-
wardly. Take a large Apple, fill
up the middle part (where the
core lay) with a piece of an Honey
comb (the Honey being squeezed
out) Roast it in embers, and so
eat it wax and all. Take the
outward bark of black thorn, dry
it and powder it, and drink it in
red wine. Take white stones with
red veins, boyle them in new milk
till half the milk is wasted, and
drink plentifully thereof, or new
milk wherein steel hath been
often quenched, works the same ef-
fect. Take yellow wax, and ducks
grease, make an oyntment for the
fundament.

Sect.

Sect. 35. Hemorrhoids.

THIS Distemper is also called the *Piles*, 'tis the flowing of blood to the Fundament by the veins, which in some send forth much, in others they send out little or no blood, and these latter have commonly vehement pain in going to stool. And at other times also; if the Flux of blood be very immoderate, 'tis dangerous, and brings great weakness, Dropsies and an ill state of body to the Patient, but if the flux of blood be moderate Critical or otherwise for the benefit of nature, 'tis—healthful

The

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The Cure.

If the Piles be swell'd or the pain vehement, apply to the place Crocus Metallorum, take inwardly the binding Crocus of Iron 30 grains at a time, if the flux of blood be great. There is an herb called Pile-wort, being made into an oyntment hath been found successful, but if it be made up with the ashes of burnt cork and Capons grease 'tis the better, or mix salt of Lead with fresh butter, and therewith anoint the place. Take Conserve of Roses, and therewith mix a little fine Bole, and take a knif-point full at a time; but above all is the fume of Frankincense, put it on some live coales in a deep pot, and let the patient sit over it.

Sect.

*Sect. 36. Obstruction
of the Liver.*

IN this Distemper the Urine is watery, thin and white, the Excrements of the belly are moist and Chylous (of the same Colour as the Urine is of) the Patient is commonly lean of body, yet very purisie and dull, the face is pale, and after eating there is a pressure in the right *Hypocondria*, with ill digestion : If it continue long, it is not to be cured.

The Cure.

The best and most absolute Medicine in this case is the spirit or Tincture of Tartar taken to the quantity of 8 or 9 drops

drops at a time in Wine or Ale.
Tincture of Corals may be taken as the former; many in this case use the filings of Iron crude; whereof they give twenty or thirty grains at a time thrice a day, but the oyl of Iron is better; its thus prepared. Take filings of steel, dissolve them in spirit of Salt, put the dissolution into a Glass retort; place it in a sand Furnace, and distill off the spirit, which come off sweet in taste, whereof you may give 8 or 9 drops at a time, the common way of curing this disorder is by giving every morning a dram and half of *Pulvis Cachecticus*, and stirring well after it, The Yellow Jaundice are
E cured

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cured by all these Medicines which are proper for the cure of the *Green-sickness*, and therefore I shall say no more of that disease; see Section the 37.

Sect. 37. *Yellow-Jaundice.*

TIS known by yellowness of the skin, most discoverable in the Cheeks and whites of the Eyes: the tongue is bitter, and some have a hic-cough and vomiting, the Urine is Reddish, or Yellow, in so much that it will dye a piece of Linnen Cloth of the same Colour. If this disease come to the Patient in the beginning of a Fever, it is dangerous; if it comes upon an Inflammation
of

of the Liver, it foretells an Impostume, if upon a *Scirrhus*, it ends in a Dropsie.

The Cure.

All the medicines mentioned in the 36 Sect. for to open obstructions of the Liver, are also proper for the cure of the Yellow Jaundice. Drop oyl of Vitriol, on Salt of Tartar, till it cease making a noise, then dry it, and give twenty grains at a time in broth, or any other convenient liquor. Take the Gall of a Raven, dry it to powder, and drink thereof in Ale a week together. Take a great Apple, pick out the core, fill it up with Butter, Turmeric and Saffron, Roast it, and give it the Patient to Eat, do so four or five mornings together. Elixir

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Proprietatis is excellent, half a
spoonful at a time, boyl in the Pa-
tents broth Ground Ivy, and the
Rootes, wires, and Leaves of
Strawberries. *W*

Sect. 38. Obstruction of the Spleen.

TIS known by heaviness,
pain, beating & swelling
on the left side under the Ribs,
there is loathing of meat, black-
ness of the Tongue, Thirst, a
Feaver, lying on the right side
is very painful, and on the left
is not easie. If it continue long,
it degenerates into the *Scurvy*,
and a *Schirrus*; afflicts the Pa-
tient with Melancholy and
pain in the side.

The

the Cure.

Give every morning a dram of *Pulvis Cachecticus*, and ten drops of spirit of *Harts Horn* at night. The Tincture of Tar drawn with its own spirit, or the spirit alone, are famous in this case, whereof 6 drops may be taken at a time in Sack. Drop oyl of Vitriol on Salt of Tartar, till it cease making a noise, then dry it and give Twenty grains at a time in broth, Tincture of Corals is much commended, take 8 or 9 drops at a time in fragrant Wine. Take the roots of Polipody, stamp them to an Impalpable pap, boyl them in common water six hours, strain out the feces, clarify the decoction and make it into a

E 3

Syrup,

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Syrup, whereof take a spoonfull at a time, two or three times a day, Anoynt outwardly with the oyl of *Rue*, and apply a Plaister made up with the juice of *Hemlock*.

*Sect. 39. Stone in the Reins
and Bladder.*

TIS known by pains about the Loynes, there is some times sand and redish gravel voyded in the Urine, which is oft bloody, thin and in small quantity; the thigh on that side where the stone is most commonly, is pained, and as it were benumbed.

Stone in the bladder is known by vehement pain there after making

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making water, and the bigger the stone is, the greater is the pain, the Urine sometimes stops suddenly; the Patient Pisseth with most ease lying on the Back; and there is many times white Gravel sent out with the Urine.

The Cure.

Both these distempers are helped by such Medicines as strongly provoke Urine, 'mongst which there are a sort of wood Lice call'd Sows, are famous, being wash'd in white wine, and the juice squeezed into a draught of white wine, and so drank; you may begin with the juice of three at a time, and so increase every day one till you come to 20,

104 *Physick Refin'd, &c.*

and then decrease the number. You may pierce a Birch-tree in the moneth of *March*, and it will send forth abundance of Liquor, which being drank with Gromwell seeds, is highly *Famous* in this case; so is the water distilled from an herb called Arsmart, used as the former, or three spoonful of the juice drank in a glass of white Wine works the same effect, there is a fruit grows on white Thorn call'd Haws, the stones whereof (being gathered full ripe) powdered and mixt with Gromwell seeds gives great ease to the Patient, being drank in white wine. See the 41 Section.

Sect.

Sect. 40. *Diabetes.*

IT is commonly call'd unmeasurable Pissing, for the Retentive faculty is so weak, that whatsoever is drank by the Patient is sent forth again by urine as it was taken, there is an unquenchable Thirst, heat in the Bowels, Leanness, and if it be not suddenly cured 'tis deadly, bringing the Patient into a Consumption.

The Cure.

Tincture of Emeralds in this case is excellent, so is the salt and Tincture of Corals, to the quantity of ten grains (of any of them) at once taken in Malaga Wine.

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Take harts horn, burn it till 'tis white, powder it, boyl the same in common water, and let the Patient drink thereof, or take 4 or 5 handfuls of the inner bark of the young and tender branches of the Hazel-tree, (branches of one years growth) boyl them well in common water (or rather in small beer) and let the Patient take thereof for his common drink; or in its stead, if steell be often heated and extinguished in water, and that water drank, 'tis said to be helpful in this case. But binding Crocus of Iron is very powerful in this Distemper, and may be taken 20 grains at a time. Dissolve salt of Lead in water, and therewith bathe the back, and let a drying diet be used.

Sect.

Sect. 41. Stoppage and Difficulty of Urine.

SToppage of Urine may be caused by a stone, clotted blood, hardness, swelling or hurt of the Nerves, relating to the bladder, 'tis very dangerous if it continue long, and the Patient is troubled with a Hiccough, and his breath stinks of urine.

Difficulty of urine is with Heat and Inflammation of the part, causing hot Urine, but is less dangerous than the former, but if the Patient be old, if it continue long and so ulcerate the neck of the Bladder it is not easily helped.

The

108 Physick Refu'd, &c.

The Cure.

The most potent medicines to cure these diseases are those set down in the 39 Section, where I treated of the stone, to which these following simples may be joyned, being proper in both cases, viz. Camomil, Centaury, Burdock (Roots and seeds) Asparagus, Brooklime, Winter Cherries, Garlick, all sorts of Parsley, rest-Harrow, Betony, Caraway seeds, Cummin seeds, Anniseeds, Fenugreek seeds, wild Carrot seeds, Juniper-Berries, Bay-Berries, St. Johns-wort, Guaiacum, Fennel, Broom, Endive, Ragwort, Lavender, Cloves, Feavertew, Smallage, Pellitory of the Wall, Rue, Garden-Cresses, Cicely, Nutmegs, Cocle, Peniroyal,

royal, Radish, Saxifrage, Wild-Time, Time, Lavender, Tamerisk, Vervain, Tanſie and Nettles.

Sect. 42. *Feaver.*

THe cauſe (according to *Van Helmont*) is an *Alcalie* abounding, and there is a Poyſonous excrement in the *Midriffes*; the moſt gentle feavers continue but one 2, 3, or 4 dayes, wherein the Pulse is equal, and Urine not much differing from its natural colour, and theſe are not dangerous; if it continue longer, 'tis call'd a *Putrid Feaver*, wherein the *Urine* hath no ſediment, but is thick and red,
the

100 . *Physick Refin'd. &c*

the Pulse is unequal, and there is great heat; if there be a looseness and vomiting there is hope of recovery. There is also a *continual Fever*, which is sometimes accompanied with a *Pleurisie*, *Quinsie*, *Ulcer*, or *Inflammation* of the Lungs, and this is very dangerous. There is moreover a *Burning Fever*, wherein the Tongue is dry, rough and blackish, there is a burning heat, thirst, gnawing in the Stomach, Pale and thin Excrements and great watchings, and this is very dangerous, but if the *Urine* be red, with signs of *Concoction*, there is hope.

The Cure.

The best and safest way to cure

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a Fever, is by ſuch univerſal Medicines as ſympathize with nature, and ſtrengthen the heart; as Potable Gold 5 grains at once in Sack, or take ſpirit of Wine 2 ounces, Syrup of Clove-gilliflowers 1 ounce, Confectio Alkermes, 1 dram; mix and give a ſpoonfull at once in good Wine.

Se&t. 43. Ague.

There are three ſorts of Agues, (properly called Feavers) the firſt is named an Intermitting Quotidian; afflicting the Patient every day, the cold fit comes colder and colder by degrees, yet is not very exceſſive on the one hand, nor the

112. *Physick Refin'd, &c.*

the hot fit much vehement on the other, but the disease commonly lasts long, and many times degenerates into a *Drop-sie*, *Cachexia* or *Lethargy*.

The second is call'd an *Intermitting Tertian*, it cometh every other day with pricking and vehement cold, the pulse is equal, and anon a violent heat increaseth, with much thirst, and sometimes vomiting.

The third is call'd an *Intermitting Quartane*, and comes with two days intermission between the fits: in the beginning the pulse is slow, the fit comes with vehement cold, and afterwards comes a hot burning fit, the *Urine* is white, thin and watry, this sort of Ague
con-

Physick Refin'd, &c. 113

commeth long, sometimes
turns to a Dropſie, and to old
people is oft mortal.

The Cure.

Take ten drops of ſpirit of Sal
Armoniac (in Centaury-water)
at right going to bed, 3 or 4 times
a week, keep very warm, and ex-
pect ſweat. Crude Allum twenty
grains at once in warm Ale is ex-
cellent, Take Bay Salt and freſh
English Hops of each two hand-
fuls, and 4 ounces of Blw curr-
rans; beat them all well together,
ſpread it on Linnen, and apply it
to both the wiſts.

Sect. 44. *Heſtick-fever.*

IN this diſeaſe there is an un-
natural heat kindled, as well
in

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in the fleshy and solid parts, as in the spirits; yet so without pain, that the Patient cannot tell that he hath a Feaver, there is a slack and hard pulse, dry cough, Eyes hollow, shedding of Hair, Nose sharp, the face is Leady, Urine thine, crude white, or pale and at last oily; the stomach is drawn in almost to the Ribbs and the whole body consumeth.

This distemper is for the most part mortal, when it turns to a *Marasmus*, and that is when all (or most of) the foresaid symptoms joyntly appear, but if it be taken in time, and good means used, they may prove effectual.

The

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The Cure.

This disease is cured like a Consumption at the 25 Section. Let the Patient feed much upon Raisins of the Sun, and Almonds, and let him drink Milk with a few drops of oyl of Cinamon, But Asses Milk with salt of Pearl is said to transcend. Anoint the back bone with oyl of Bay-berries mixt with oyl of Almonds. Take Nutmegs and Cynamon of each 3 ounces, Ginger 3 drams, Magistry of Pearl 2 ounces, Honey prepared 12 ounces, make it into an Eleſtuary, and take thereof 4 times a day, the quantity of an Hazle nut at once. Spiritus Analepticus, taken half an ounce at once is excellent. The Essence of Borrage and Buglofs is highly commend-

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mended in the case, so is the Magistery of Corals 10 grains at a time.

Sect. 45. Spotted-feaver, and Plague.

A Spotted Feaver is a continual malignant burning-Feaver, the Patient is tormented with pain in the head, faintings, excessive Heat, Thirst, and watchings; having (after a few dayes) spots coming out, sometimes all over the body, and sometimes only on one part, being small and of a red-dish, purplish, livid, Leaden, or sometimes blackish colour; the distemper commonly ends in seven

seven dayes time ; if the spots turn livid or black, and the *Urine* look as it did in health, 'tis exceeding dangerous.

The *Plague* is a continual Malignant burning *Fever*, wherein the Patient is hot within and cold without ; there is excessive pain in the head, with heaviness, weariness, Lumpishness, carelessness, sleepiness and Sadness of the mind, loss of Appetite, vomiting, thirst, bitterness, and dryness of the mouth ; *Urine* thick and stinking. The Pulse small and deep ; there is Bubo's behind the Ears, under the Arm-holes, or in the groin ; or else *Carbuncles* or *Blews*, *Reddish*, or *Lived spots*, the Disease is dangerous, but 'tis most deadly

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deadly when no Buboe's come forth, or when they come forth and go in again, or if they the spots appear of a Livid or black Colour, 'tis commonly mortal. *The Cure.*

These distempers are helped by such Medicines as cheer the spirits and comfort the heart, as the Tincture of Life. Which is thus made. Take spirit of Wine one quart, Cochineal (or English Saffron) one ounce, put them in a large glass well corked, set it in warm place for 20 dayes, pour off the tincture, and give a quarter of an ounce at once in the Patients drink. Spirit of Hartshorn 20 drops at once is excellent, but the most transcending medicament is 5 grains of Potable Gold. *The*

The Conclusion.

THis *Compendium* (adventur'd upon the Publick Stage for the Worlds Speculation) I gathered into so small a Volume, for my own Use (as Occasion serves) in my Practice: But conceiving it might be serviceable for such Ingenious well-disposed Persons, as are willing to help their poor Languishing and Sick Neighbours, (that want Silver-cords to draw the Advice of Money-sucking Physicians, to supply their Necessities) I have adventured to run the hazard of being shar'd at by all Callumnious Tongues; of whom I may say, as was said of old, אִי בִיטָח וְאֵי נִסְתָּר. Nor do I so much as hope to escape being bitten by the Heels by those Gnathonical Currs, who prefer Self-Interest before

To Physick Refin'd, &c

before a Publick Good, (like him
who said, *ὁλὼ τυχὴν σάλαγμον ἢ φε-
ρὼν πῖθον*) Howbeit, I have *Hercu-
lean* Hopes, that this little Piece of
Medicinal Marrow will meet with
some Ingenious Interpreters of my
harmless Meaning; who would do
good to all, to the utmost of my A-
bility.

An Advertisment.

Poor People languishing under Bo-
dily Distempers, may have free
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